

Advancing Access Virtual Conference

Supporting students' well-being during their transition to HE



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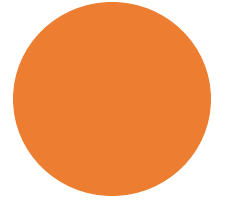
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Overview of this session

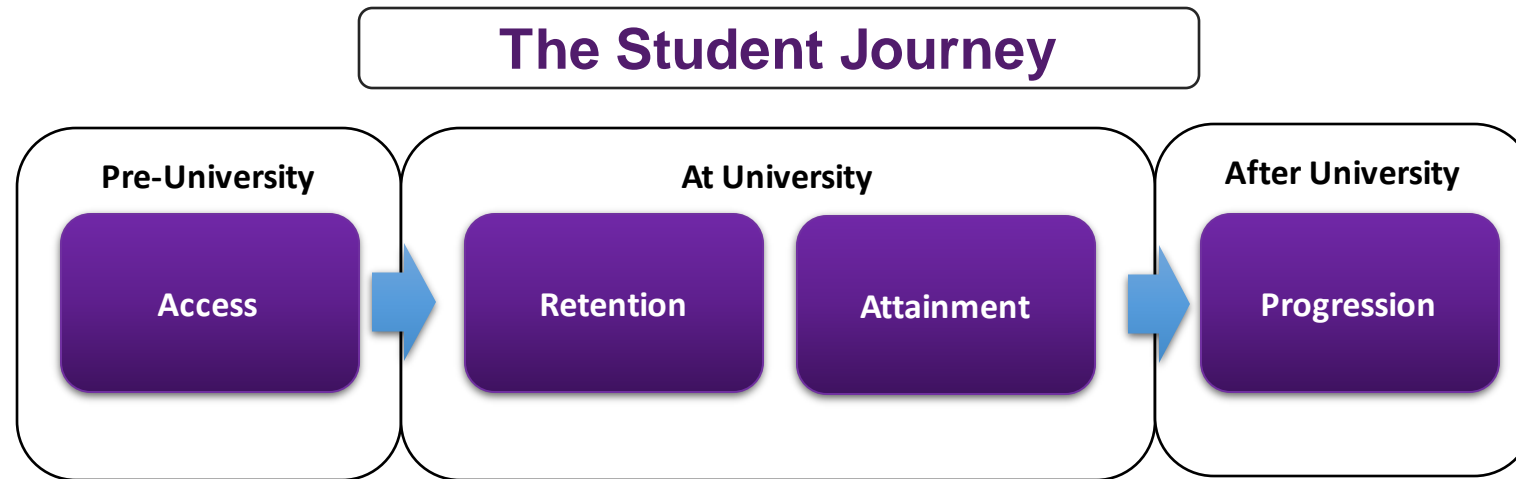
We will cover three important time periods between application and the first semester of university:

- Pre results/ offers
- Post results/ confirmation
- September onwards

All universities will differ slightly in their offer to applicants and current students, but we will cover some **core areas** to look out for, as well as examples from our own institutions



How do universities support their students?



APP= Access and Participation Plan

A commitment to support students throughout the full lifecycle- from application to graduation and beyond

Pre results/ confirmation and clearing

Sorting out finances

- Core student finance package
- University bursaries and scholarships based on subject or personal circumstances
- Disabled Students Allowance
- Local council support if they are a care leaver
- Look at student bank accounts

Pre- arrival offer (for WP students)

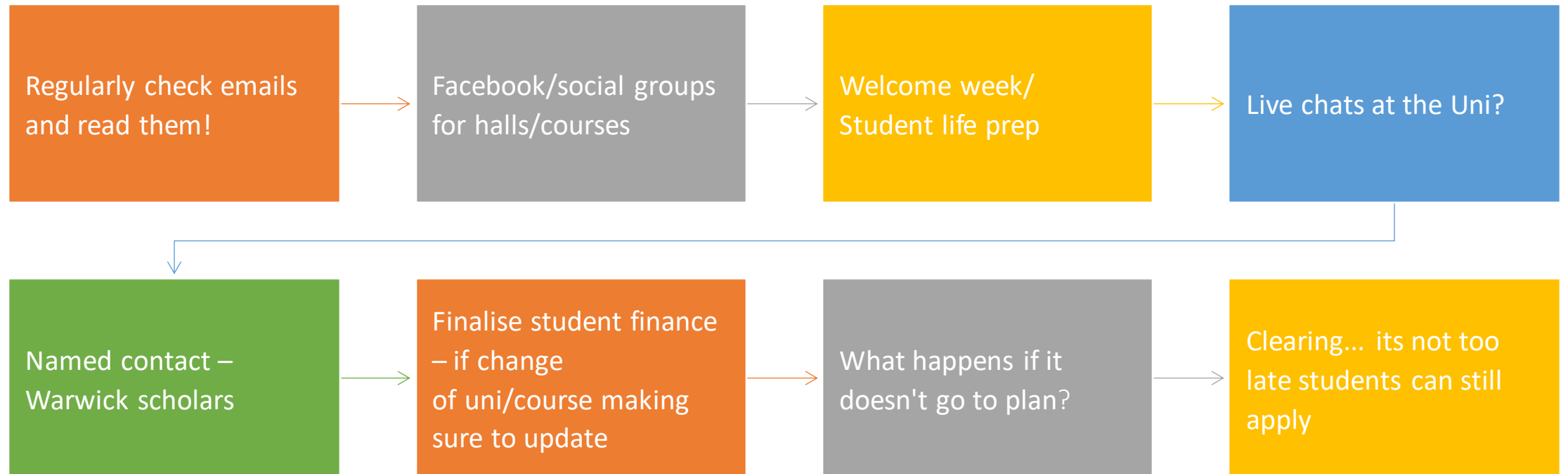
- Contextual admissions programmes (such as Access to Leeds) may have specific modules e.g looking at study skills
- Wellbeing information- videos, blogs and practical tips for incoming university students
- Budgeting workshops
- Practical information such as cooking on a budget and staying safe

Pre- arrival offer (for all students)

- Campus and city tours and events to get to know the area e.g “Summer in Leeds”
- Online transition modules or MOOCs (check out FutureLearn)

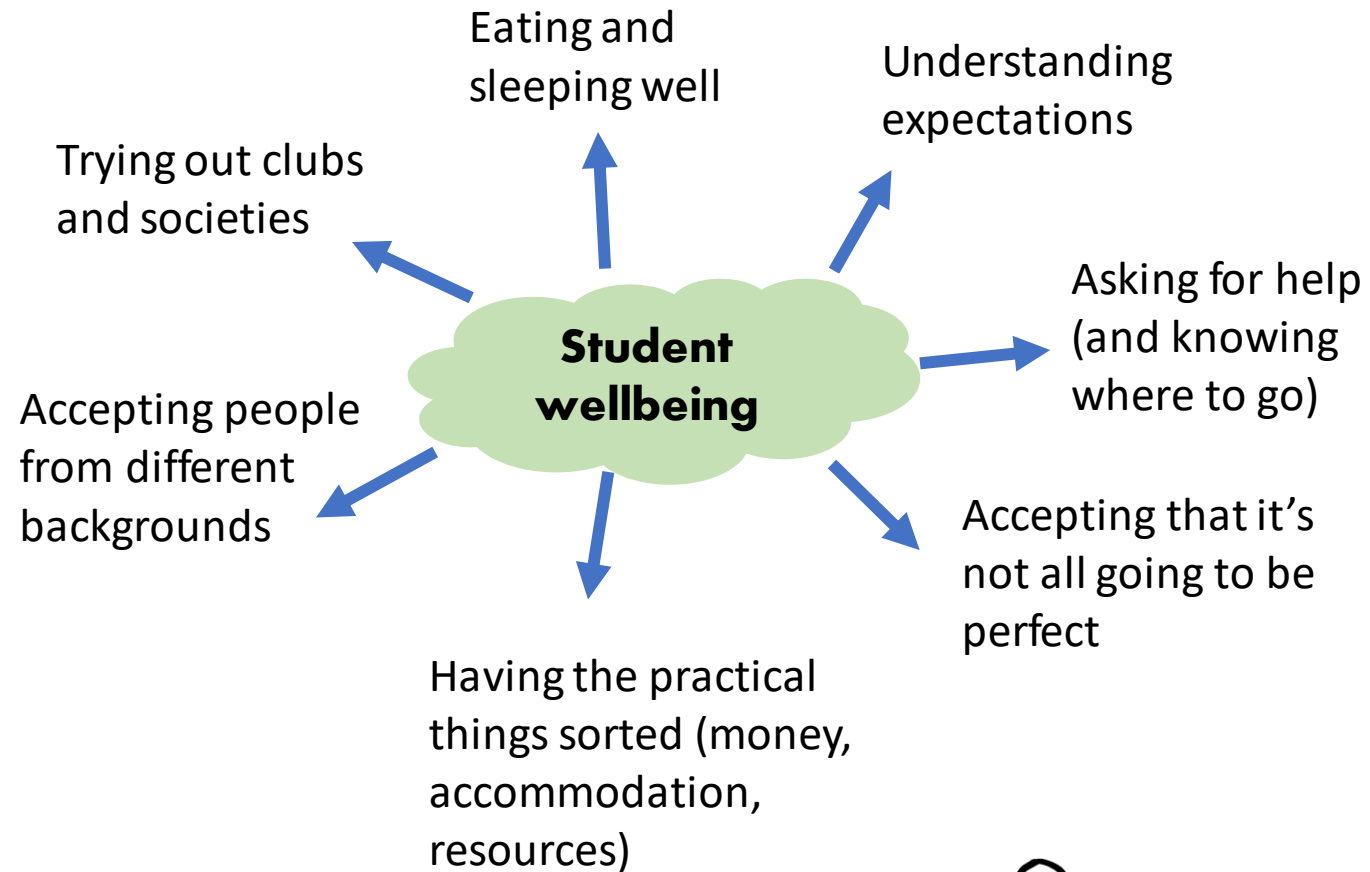
...but if they cannot/ do not access any of these, it is not the end of the world!

Post results

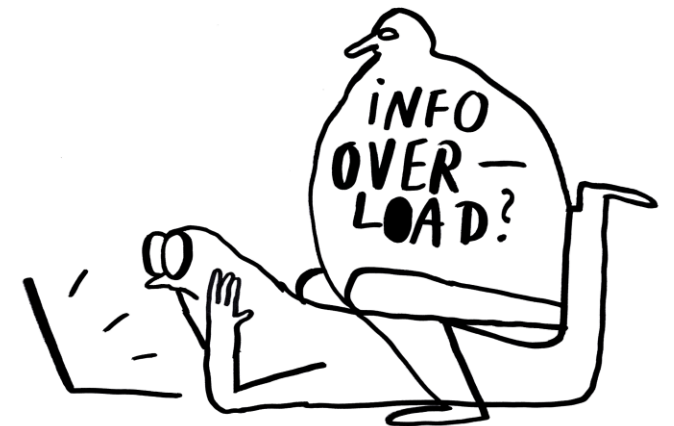


The first term

- Welcome and Induction can be overwhelming- there will be a LOT of information to digest. Can you support your students with their organisational skills?
- Clubs and societies are for everyone- not all about sports or heavy drinking
- University is a chance to try new things / be their authentic selves!
- Commuter students have specific support too (not missing out just because they are not in halls)



This can happen- but there are steps to avoid and get over it



The first term



Support services, wellbeing, library services, counselling, student course reps, disability services...

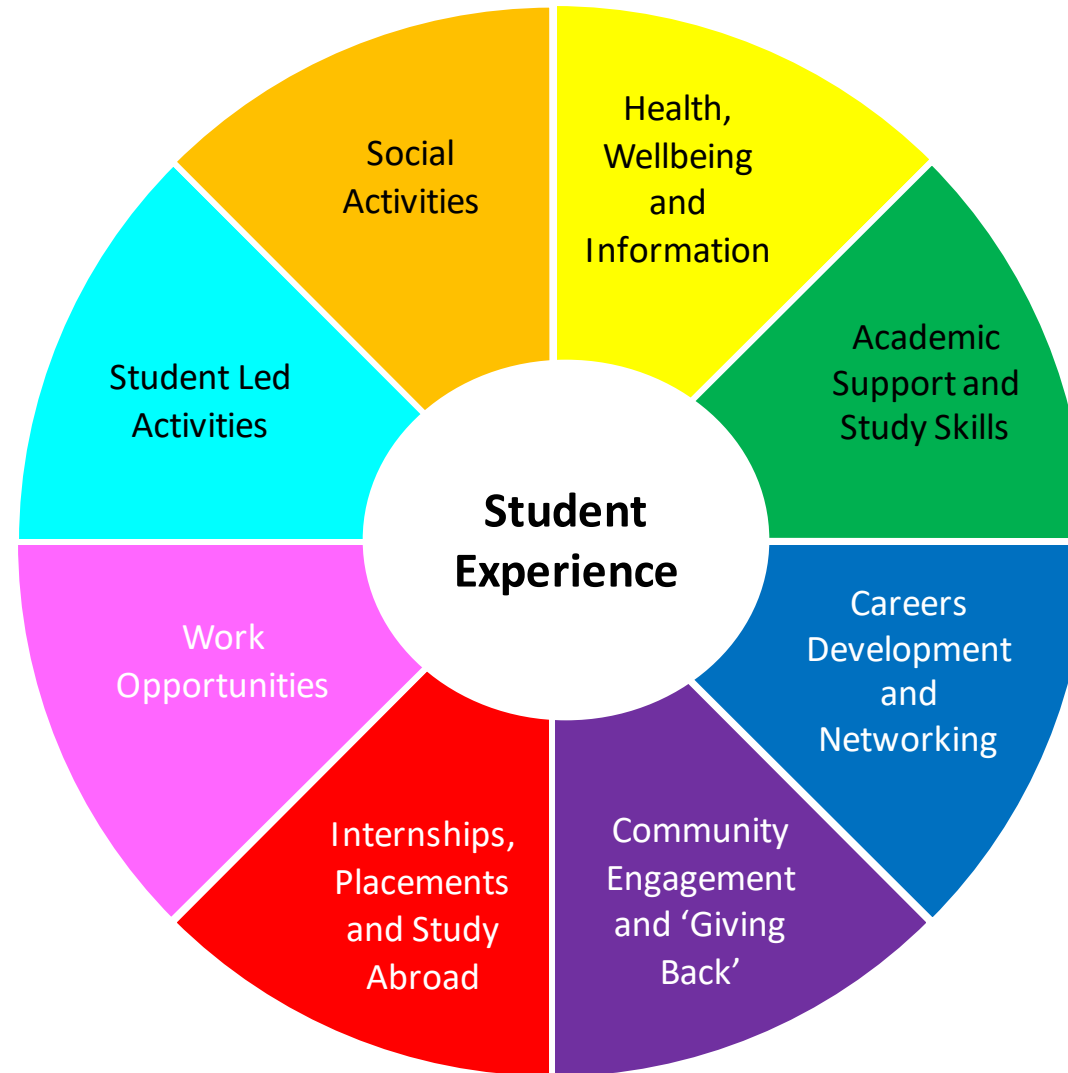
Personal tutors – each student will have a personal tutor

Careers. Lots going on for first years but no pressure to get involved

Volunteering – lots of opportunities available

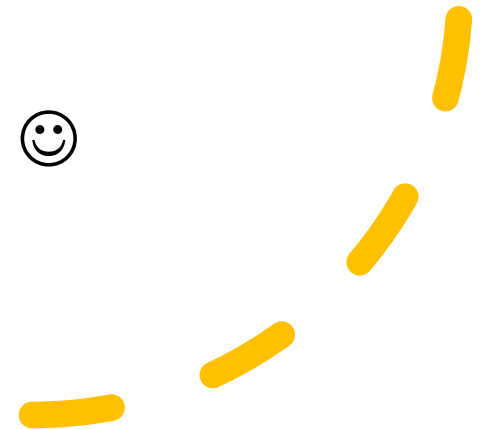
Paid work – this could be as Ambassadors, library helper, retail outlets etc.

The eight
key themes
identified
by our
current
students...



What next...?

- Encourage students to be proactive
- Not all Uni's are the same...
- Self-directed learning – what does that mean for them?
- No missed opportunities
- Read info – sounds obvious but...
- Add in the chat any other ideas you have r.e supporting students' transition
- Feel free to ask us any questions 😊



Thank you for listening!



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